



The Michigan Department of Community Health, in collaboration with the Michigan Department of Education, recently launched the new, revised Healthy School Action Tools (HSAT).

www.mihealthtools.org/hsat

The new HSAT provides tools for both school level teams and district level teams to assess the health of their school environments and take action to improve those environments.

The school-level tools include:

- School Core Assessment & Feedback Report
- 7 Topic Area Assessment & Feedback Reports
 - Healthy Eating
 - Physical Education & Physical Activity
 - Health Education
 - Staff Wellness
 - Social & Emotional Health
 - Safe School Environment
 - Tobacco/Nicotine-Free Lifestyles
- School Action Plan

The district-level tools include:

- District Assessment & Feedback Report
- District Action Plan

Detailed Instructions: Each assessment and action planning tool has detailed instructions that will guide teams through the assessment and action planning process.

Action Plan: The online Action Plan provides a platform for school health teams to review and prioritize suggested actions, based on assessment results. Teams may also add their own actions to the plan. The Action Plan maintains a central location for all actions, including a list of completed actions.

Feedback Reports: Feedback reports are provided each time an assessment is submitted- with a scorecard and graphs to help visualize strengths, challenges, progress, and goals achieved. The reports also provide a listing of which best practices are being achieved and which need more work. These print friendly reports allow teams to clearly share their work with parents, school boards, communities and other stakeholders.

Main Dashboard

Click on the picture tile to navigate to the tool that you would like to use. For a downloadable copy of instructions for each of the tools, click on the Instructions link.



HSAT School Core

1 Completed
0 In Progress

Click here to start a new assessment.

 [Instructions](#)



Action Plan

Actions Completed: 0
Actions Suggested: 28
Actions Working On: 1

Click here to access your Action Plan

 [Instructions](#)



Healthy Eating Assessment

0 Completed
0 In Progress

Click here to start a new assessment.

 [Instructions](#)



Physical Activity & Physical Education Assessment

0 Completed
0 In Progress

Click here to start a new assessment.

 [Instructions](#)



Tobacco/Nicotine-Free Lifestyles Assessment



Safe School Environment Assessment



Social & Emotional Health Assessment



Staff Wellness Assessment

0 Completed

Preview the Assessments:

Print versions of all of the assessments are available by clicking on About the HSAT then Preview the Assessments. It should be noted, however, that the assessments do not render in print like they do online. For example, some question features will be missing, including any explanatory text to further understanding of the question.

Why Revise? The HSAT was revised in response to feedback from schools regarding the time commitment required of the previous tools. The revised HSAT provides a sleeker format with fewer questions and a departure from the eight module format. This new HSAT has 33% fewer questions, plus topic area recommendations based on areas of need, interest and capacity. School teams asked for an easier action planning process. The new HSAT provides that, along with suggestions for actions based on each school's assessment results, matched to best practices in school health. The new HSAT also provides separate topic area assessments not tied to an 8 module format, which allows for greater flexibility and choice. School teams also expressed a need for district level assessment and action planning tools, which this new HSAT provides.

Questions? Contact Karen Krabill Yoder at yoderk@michigan.gov or (517) 335-8908.